Roding Karate Club

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Dear Students and Parents,

Welcome to the latest edition of your newsletter.

We would like wish you all a happy and healthy new year.

You may have missed it last year but Robert Fresco has been awarded his 6th Dan and Steven Brame awarded his 5th Dan. They are both pictured receiving their certificates from Ray Barrow.

Newsletter Date January 2020



The student of the year awards were presented to the worthy winners, every one of them should be proud of themselves. The winners are:

E Cebotaru, Isabella Smith, Deen Cassim, Ming Nonrucha, Chiara Giradi, Macey Jones, Jani Younger, Zainab Butt, Peter Carey, Raee Kararia, Etienne Kasongo, Rubi Rotomi

Have you ever considered a private lesson? These are not as expensive as you might think and if there is more than one person training the cost can split. If you are interested and would like to know the cost just ask your instructor.

Upcoming Events

Booking Form

Special Lesson and Grading

Castle Green Leisure Centre, Gale Street, Dagenham RM9 4UN

Saturday 15th February 9.00am to 10.30am

This is a special lesson and is open to all grades, the cost is £15 and this includes entry into the Kata competition.

There is also a grading on the same day and your instructor will let you know if you eligible to grade.

There is a Kata competition the cost is £5, you can pay on the day, there will be a trophy for the best Kata performed in each grade.

Half-term Course

Parkside School, Wellington Avenue, Chingford E4 6RE

Monday 17th February and Tuesday 18th February 9.00am to 12.00 noon - both days

These courses are great for giving your training a boost, they also include a mock grading.

The cost is £35 for both days or £20 a day.

There is a free gift of a training holdall for everyone that attends the course.

Child's name
Parent's name
Mobile number

